



Freedom's Road Newsletter
Written by Freddy Freedom

Road Trippin' **Burgers & Dogs** By *Hustin*



Any sportsman will tell ya nothing is more exciting than the anticipation of a long dreamed of hunting or fishing trip. The excitement builds as the days fall off the calendar. As the event steadily gets closer, everything in your life begins to get put on hold as you focus on “D-Day” (Departure Day). The number of work days left seems to drag on forever. Friends and family begin to avoid you because they’ve heard the anticipated details a million times! You try to concentrate on the present but the building excitement as time ticks away won’t let you. You’re under a spell you can’t escape. Every year I fall pray to that spell, looking forward to the next biking season, as I put the busy holidays behind me. I try to put things in perspective as I flash back to past adventures, but the unknowing future of an exciting new riding season is always special.

I don’t know about your money tree, but mine quit bloomin’ when I turned 18, so saving money is always an issue. To save a buck I camp and cook. The money saved by cooking can amount to over \$40.00 a day for two people. Eating at a restaurant... breakfast \$10.00, lunch \$12.00, dinner \$25.00. Shuffle a couple dollars around one way or the other; the results are gonna to be the same...\$47.00 a day, \$329.00 a WEEK! Give or take a few dollars. The number one question I seem to get asked most is, “Don’t you get tired of burgers and dogs?” My answer, “What law says I have to eat burgers and dogs?”

In today's fast paced world, quick, good tasting, nutritional foods are everywhere and dirt cheap. How's this for a camp meal... pull into almost any supermarket and pick up a pre-cooked Bar-B-Q chicken, a can of potatoes for fried potatoes, a can vegetables and a pre-packaged tossed salad, in 20 minutes your eatin' a full course dinner for two for about \$8.00. How about Kielbasa and macaroni and cheese for around \$6.00, a spaghetti dinner including meat



sauce for around \$6.00, throw in some Italian rolls for a buck or two. The selection of hamburger helper is almost endless, a \$1.50 a box and \$3.00 for a pound of hamburger, \$4.50 and you're good to go. Lunch? What's wrong with grilled cheese and soup, brats and chili, throw in some chips and what could be better for between three and five dollars? Wanna splurge? Head to the deli section, get some roast beef sliced thin, grab a package of aujus and hot dog buns...wa-la French Dips for about \$7.00. Breakfast? How about a opening a can of fruit mix, or this new citrus fruit which is slices of regular and pink grape fruit, I'm not big on cereals but they're out there and with this non-refrigerated milk (in drink-box cartons), your choices are unlimited. Ever thought of picking up a half dozen eggs? They'll keep for a day or two even in a small soft sided cooler, Ham and eggs with fried potatoes ain't bad, or how 'bout French Toast using that non-refrigerated milk, it's a snap. I could go no but I think you got my drift. All this stuff can be cooked at a roadside pull off, or at camp on a two burner propane stove. This is just the tip of the iceberg, with a little thought and imagination together with being willing to slow down and enjoying the adventure, cooking on the road is great. Your daily food cost will be less then 1/3 the cost of eating out. Next time you're in a super market or super center check out all the canned, boxed and bottled foods available along with pre-packaged meats like hams and sausages. You'll be amazed at what you can come up with. Its a few months before the touring season so do some planning and brain storming. Because I don't have a microwave on the road, I probably eat better than at home.

Burgers and dogs...why not, it's been a long time, might be a nice change!

Hope to see ya on the road. Upright that is!

Have a question or comment? RoadTrippinByHuustin@gmail.com

Hogs In Ministry

"For whosoever shall call upon the name of the Lord shall be saved." Rom 10:13